

## Safeguarding Help in Shirley Parish.

If you have any **concerns** about a **child**, a **young person**, an **adult** who may be **vulnerable**, you can also contact:

**Church of England – Birmingham-** The Bishops Safeguarding Adviser- Steph Haynes.

**Steph Haynes** can be contacted on: 07342993844

Email – [steph@cofebirmingham.com](mailto:steph@cofebirmingham.com)

### **Finding Support**

We understand that reporting abuse may be difficult and very distressing for you. In order that we can immediately assist you, we have provided below contact details of other agencies. These are either available to you on a 24-hour basis or through specialist services and help lines.

**NSPCC** Child Protection.

Helpline: 0800 800 5000 (lines free and open 24 hours) Phone if you are worried about a child.

**Childline:** Child Protection.

Helpline: 0800 1111 (lines free and open 24 hours). Call free, speak to a counsellor on line or visit the **explore section for information and advice on a range of topics**. You can also chat online or email, if you do not want to phone.

**Refuge:** National Domestic Violence Helpline: **24-hour** Free Helpline: 0808 2000 247.

**Specialist's** services available at Refuge, please visit their website at

[www.refuge.org.uk](http://www.refuge.org.uk) **Escape and hide Website.**

**BSWA**

Birmingham and Solihull Women's Aid.

**Helpline** – 0808 800 0028

[www.mind.org.uk](http://www.mind.org.uk) – Supporting those with Mental Health.

**Mindinfo:** Call 0300 123 3393

Text 86463

**ACT** (The Ann Craft Trust). A leading National UK Authority on Safeguarding Disabled Children and Adults at risk.

[www.anncrafttrust.org](http://www.anncrafttrust.org).

Telephone: 0115 951 5400- 9am-5pm-Monday-Friday.

Email- [ann-craft-trust@nottingham.ac.uk](mailto:ann-craft-trust@nottingham.ac.uk)

**Rmccentre.org.uk** - The Refugee & Migrant Centre.

**Helpline:** 01902 311554

**Streetlink:** [www.streetlink.org.uk](http://www.streetlink.org.uk)- Getting help for someone homeless.

**Dementia UK-** Helpline: 0800 888 6678 – [helpline@dementiauk.org](mailto:helpline@dementiauk.org).