

Carbon footprints



What's a carbon footprint?

“the amount of **carbon dioxide** released into the atmosphere as a result of the activities of a particular individual, organisation or community.”

How can it be measured?

1. With an on-line calculator.

<https://footprintr.me/>

This requires detail of annual home energy use, which can be found on the annual summary from the provider! It gives a clear idea of which parts of our lifestyle lead to most carbon dioxide release.

2. Via a questionnaire

<https://footprint.wwf.org.uk/#/>

This questionnaire is easier to complete and has tips on reducing individual impact on the environment.

What's the point?

Understanding your carbon footprint allows you to find ways of reducing it or offsetting it.

Reduce- eat less meat; change to a green energy tariff; make do and mend!!!

Offset- support projects to plant trees or develop sustainable energy in poor countries.

<https://www.arocha.org/en/climate-stewards/>